

**Policy 7.01 Implementation Plan for
Olympic Area Agency on Aging (O3A)**

Biennium Timeframe: January 1, 2008 to December 31, 2009

Plan Due Dates:

October 1st of each odd numbered year a complete Implementation plan is due for the coming biennium.

October 1st of even numbered years a progress report is due.

Implementation Plan				Progress Report
<p>(1) Goals/Objectives</p> <p>1. Continue current outreach assistance w/ expansion to all interested area tribes : Chehalis, Chinook Hoh, Jamestown S'Klallam, Lower Elwha Klallam, Makah, Quileute, Quinault Nation, & Shoalwater.</p>	<p>(2) Activities</p> <p>a. Ensure current outreach assistance is continued and explore expanding support and coordination assistance with all area Tribes as available resources allow. b. Hold regular meetings with individual Tribes or tribal groups to discuss elder issues as requested. c. Expand activities in this area through grants available. d. Include Tribal Outreach staff in agency planning, training and project development.</p>	<p>(3) Expected Outcome</p> <p>a. Enhanced access to culturally relevant services for tribal elders. b. Increased collaboration with local tribes and community partners to assure appropriate services.</p>	<p>(4) Lead Staff and Target Date</p> <p>Mark Harvey Designated O3A Service Delivery staff O3A Planning & Program Mgmt staff</p> <p>2007 -2008</p>	<p>(5) Status Update for Oct 2007 – Sep 2008</p> <p>a. Outreach to tribes is integrated into the majority of Senior I & A activities, including Sr I & A participation at Tribal Health fairs, coordination of Tribal Wills Clinic with Northwest Justice Project, consultation with Tribal program for elders, and case management for individual Tribal elders throughout region. Native concerns are regularly included in Sr I&A's weekly radio program. Service coordination, training, and support is provided through requests from individual tribes, e.g., the Sr I & A Regional Director recently coordinated meetings with the Makah Tribal Council to explore COPES waiver & Adult Family Home development, Title VI & Sr I&A services. The Reg Director has spent 1:1 time with staff & consumers at Lower Hoh. O3A is preparing to place a tribal Title V senior employment trainee with the Lower Elwha Tribe. Sr I&A continues to partner with Jamestown S'Klallam on SHIBA & maintains a regular presence @ Chinook. b. O3A's Clallam AC Tribal Rep met with 7 tribes to explore possible areas for service collaboration.</p>

Olympic 7.01 Plan

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				O3A program staff also met with Lower Elwha, Shoalwater Bay and Makah elder program coordinators.
2. Improved caregiver training and support options for interested Tribes.	a. Improve coordination between AAA Title III and Tribal Title VI Caregiver Support Programs b. Identify Tribal caregivers through O3A IP & family caregiver support programs and c. Include Tribal caregivers in referral workforce resource center (Registry) training and referral activities	a. Coordinated Title III and VI resources are maximized, resulting in improved dissemination of best practices, available resources, information sharing and provision of technical assistance. b. Increased Tribal capacity for accessing and/or providing training to Tribal members interested in becoming caregivers. c. Increased number of Tribal caregivers	O3A Planning & Program Mgmt staff Mark Harvey 2007 - 2008	a. O3A improved coverage for caregiver support in Clallam, Jefferson & Pacific Counties by redistributing staff time, and increased outreach in Grays Harbor with new coordination efforts with local agencies. b. State contracted tribal caregivers are included in O3A's contracted caregiver training system, which provided orientation and continuing education to tribal caregivers. c. O3A's registry manager will include tribes in marketing and outreach efforts to recruit, train and support current and new tribal caregivers.

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3. Enhanced services / support for Tribal grandparents / other elders raising children	a. Increase outreach efforts, particularly with remote communities and Tribal reservations, to inform families of the resources now available for relatives raising children.	a. Kinship Care Support Program will benefit Tribal grandparents & other elders raising children.	Designated O3A Service Delivery staff	a. Particularly in Grays Harbor Co. new coordination efforts resulted in tribal caregivers and their family members benefiting from KCSP. O3A provided 1:1 support for FCSP / KCSP Coordinator at Quinault
4. Improved Tribal access to health and nutrition education and program services to the extent resources allow.	a. Include tribal elders in nutrition education & training offered by O3A health promotion and education staff. b. Through nutrition contracts with local providers, promote inclusion of local tribal elders in nutrition programs.	a. Tribal nutrition program managers & elders receive education on food safety, menu planning, etc. b. Tribal elders participate in programs implemented by local health / nutrition education providers.	O3A Planning & Program Mgmt staff O3A Nursing service staff	a. Senior Farmers Market Nutrition program is active in 6 tribes: Hoh, Jamestown, Lower Elwha, Makah, Quileute and Shoalwater Tribes Coordination Title III and VI (Senior Nutrition) takes place with Jamestown S'Klallam; Lower Elwha, Quileute, Hoh, Chinook, Quinault. Services provided include provision of congregate and home delivered meals. b. In the previous 12 months, O3A nurses have participated as resources in tribal health fairs on an ongoing basis: Jamestown, Neah Bay, La Push, Queets, the lower Hoh, Shoalwater, Quinault Tribes. O3A nurses provided educational work shops at these fairs, addressing Food Safety, Medication Management under the 6088 bill and Falls Prevention.
5. Improved access to	a. Facilitate Tribal representation in	a. Local planning efforts	O3A Planning &	a. Coordination is taking place at county and

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transportation for Tribal elders with special needs.	<p>local planning and coordination efforts and regional transportation coalitions.</p> <p>b. Promote increased options for transportation for Tribal elders with special needs.</p>	<p>are responsive to transportation needs of Tribes.</p> <p>b. Through improved coordination of transit resources & services, Tribal elders are better able to access transportation for special needs.</p> <p>c. Situational events for individuals needing special transportation.</p>	Program Mgmt staff	<p>regional levels through regional transportation coalitions mandated to coordinate transportation services with local human and social service agencies. O3A is a member of transportation coalitions in two counties, & a member of the regional coalition for Jefferson, Clallam counties. Area tribes represented on these coalitions are: Quinault, Hoh, Makah, Skookum, Quileute, Jamestown S'Klallam & Lower Elwha.</p> <p>b. O3A is currently coordinating meetings with Makah and & Paratransit re: Medicaid transportation. Through the regional transportation coalition, O3A is supporting development of county mobility coordinator positions, with responsibility to increase access to transportation for all persons with special needs.</p>
6. Improved access to health and support services for Tribal elders.	<p>a. Increase coordination between the Area Agency on Aging and Tribal representatives to facilitate access to local services—especially health care-- for Tribal Elders.</p> <p>b. Through CARE partnership in Clallam county, pilot approaches leading to improved access to services.</p>	<p>a. Tribal issues are represented in local community, county planning efforts.</p> <p>b. Tribal needs are considered and addressed by local service providers, resulting in increased</p>	Mark Harvey O3A Planning & Program Mgmt staff	<p>a. O3A sponsored a Lower Elwha nurse as a Master Trainer in the Stanford University Chronic Disease Self Management Program. O3A is funded by WA DOH to implement this program in Clallam & Grays Harbor Counties. The training for the tribal nurse in CDSM supports a separate project of the Tribal Healthcare Workgroup, a tribal navigator, Chronic Disease Management project funded by the WA Health Foundation, to improve</p>

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		access to services.		chronic disease management for tribal elders in Clallam County, particularly the Hoh & Makah. O3A is partnering with the Shoalwater Bay Indian tribe in a 2 yr subcontract to implement the Chronic Disease Self Management Program, part of ADSA's NCOA Challenge Grant CDSMP project.
7. Strengthened O3A infrastructure to respond to tribal needs.	a. Ensure tribal representation on O3A staff & Advisory Council. b. Routinely consult with tribal outreach (O3A direct service) staff re: O3A response to tribal issues. c. Train outreach staff in culturally appropriate communication techniques. d. Establish a formal relationship with each Tribal Council that respects and honors individual Tribal protocols.	a. Communication between O3A and area tribes results in more responsive service and program development. b. Consultation with Tribes results in identification of tribal needs & priorities & possible solutions, for incorporation into this plan.	AC Tribal Representative Designated O3A Program Management and Service Delivery staff O3A leadership 2008 -2010	In addition to the Advisory Council Tribal Representative, a Clallam County representative from the Lower Elwha Tribe is coordinating with area tribes to enhance communication between O3A and area tribes. She is active in advocacy and outreach efforts, including being part of the O3A delegation to statewide advocacy events. This 7.01 plan is part of the O3A Area Plan; native elder goals /objectives are integrated into the work plans of each O3A program department. These include Senior I & A and Case Management, Nursing Services, and OAA program services. O3A service delivery to tribal elders is decentralized through out the region through local O3A case management / outreach staff, providing a continuous O3A presence.

Policy 7.01 Implementation Plan
NORTHWEST REGIONAL COUNCIL—AREA AGENCY ON AGING

Biennium Timeframe: July 1, 2007 to June 30, 2009

Plan Due Dates: April 2 (Regional Plan submitted to Assistant Secretary) and April 30 (Assistant Secretary Plan submitted to IPSS) of each even-numbered year.
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Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff (bold) and Target Date	(5) Status Update for the Fiscal Year Starting July 1, 2008
1. Continue to provide Tribal Outreach Assistance services.	a. Continue to visit each tribe on a regular (weekly/biweekly/monthly) basis. b. Hold meetings with individual tribes or tribal groups to discuss elder issues as requested. c. Expand activities in this area through grants available. d. Continue to include Tribal Outreach Staff in agency planning, training, and project development. e. Seek additional funding to expand program to two tribal workers.	a. Enhanced access to needed service for tribal elders. b. Increased collaboration with local tribes and community partners to assure appropriate services.	Eythl Warbus Shelly Zylstra 2007-2008	The NWRC continues to provide Tribal Outreach and Assistance services. Discretionary funding supports this valuable, priority one service and will continue to support it in the foreseeable future. Tribal Outreach has also increased the NWRC visibility with non-local tribes and staff continue to support other regions as possible. The new Kinship Navigator grant will include a focus on tribal members as it develops.
2. Continue to provide technical assistance to local tribes for planning and coordination for Adult Family Home Project.	a. Work with local tribes to develop plans for the AFH and identify sources of funds for construction. b. Assist tribes to understand and implement business plan developed in early 2007.	a. Construction of tribally-owned and operated AFH on those reservations that choose to participate.	Shelly Zylstra Eythl Warbus 2007-2009	Local tribes are still in the negotiating/discussion realm with adult family homes. There has been substantial contact with two peninsula tribes, Suquamish and Makah, about developing adult family homes. We have contacted the state RCS office and they have agreed to let local RCS offices do the licensure of tribal adult family homes. If local tribes begin to move forward on development of the homes locally, it may be in tribal best interest to apply for an IHS Eldercare Initiative Implementation grant to oversee the development of this model in Washington State.

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3. Conduct training for Title VI Coordinators and staff to assure that program requirements are met and elders are well served. Expand training to include any State tribe that wishes to participate.	a. Train tribal nutrition programs about menu writing, sanitation and safety, and other programmatic issues. b. Train and provide technical assistance for tribal staff in meeting reporting requirements for federal Title VI programs c. Provide technical assistance on proposal development for Title VI Grants. d. Explore the opportunity to begin an ongoing Title VI Statewide meeting.	a. Enhanced compliance for tribal Title VI programs. b. Increased resources for programs through captured funds and program efficiencies. c. Collaboration with other tribes in the state.	Shelly Zylstra Eythl Warbus Maureen Kane CM Supervisors Kim Boon 2007-2009	Training has been provided to single tribes whenever requested and there has been substantial training on the national and regional level by the primary trainer. Advocacy efforts have assured that the regional Meals on Wheels American (MOWA) conference to be held on May 18-20, 2009 at Menucha, will have a tribal track. This training will be an opportunity for all Title VI Directors in the five state region to come together to train. The NWRC did coordinate the development of local grants with the tribal communities and all tribes received their Parts A and C grants. This part of this objective is completed.
4. Establish billing agreements for Medicaid Access Programs (transportation) with local tribes.	a. Develop agreement documents. b. Provide technical assistance for billing procedures. c. Work with tribes to assure that all eligible trips are billed. d. Bill MAA for Tribal Trips.	a. Increased use of Medicaid Transportation by Tribal members. b. Provide resources to Tribes to pay for Medicaid transportation to their own members.	Judy Shantz Shelly Zylstra Cindy Madigan 2007-2009	Contracts are in place with Lummi, Nooksack, Sauk-Suiattle, Stillaguamish, Swinomish, and Upper Skagit Tribes. Programs have been successfully implemented in each area and tribes are receiving reimbursement. COMPLETED

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5. Continue to provide tribal support to assist Case Management staff in region.	a. Participation in Tribal clients' assessments, annual review, and financial eligibility reviews. b. Consultation and training with case managers related to issues for tribal elders.	a. Enhanced assessment for elders and appropriate services.	Eythl Warbus Julie Johnson CM Supervisors Rosann Pauley 2007-2009	Since we now only have one FTE for tribal outreach, case aide activities continue on a limited basis. There has been training of both HCS social workers and case managers about working with tribal elders. The most recent training was done in conjunction with the IPAC regional representative and was very well-received. In addition, NWRC and HCS have collaborated on a Tribal Desk Manual for social workers, case managers, and financial workers. This is currently in draft format and being reviewed by tribes.
6. Provide Medicare Part D program training and technical assistance for local tribes.	a. Presentations at each Elders' Center. b. Assist with enrollment. c. Provide technical assistance to clinics to develop contracts and funding streams.	a. Elders will enroll in Medicare Part D programs. b. Clinics will receive payment for services through contract with medication contractors.	Maureen Kane Eythl Warbus Shelly Zylstra January-April, 2006	Each local tribe has received Medicare Part D information and assistance with enrolling elders. COMPLETED
7. Provide technical assistance to Lummi Home Care to assist with compliance with home care regulations.	a. Respond to questions from Home Care staff. b. Assist with the development of forms, policies, procedures, and problem solving.	a. Enhanced understanding of the home care regulations and requirements.	Richard Dietz Rick Gordon Shelly Zylstra 2007-2009	Technical assistance with Lummi Home Care is ongoing.

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8. Collaborate with local tribes to enhance understanding of elder abuse in all its presentations.	a. Work with local tribal governments to establish a resolution outlawing elder abuse on each reservation. b. Include tribal representatives on Elder Abuse Council and training developed in the region.	a. Tribal governments will establish codes against elder abuse. b. Enhanced understanding of the many "faces" of elder abuse.	Eythl Warbus Julie Johnson Shelly Zylstra 2007-2009	Tribal members sit on our regional Elder Abuse Council. In addition, NWRC tribal staff assists with tribal elder abuse teams. Local APS programs have requested NWRC help to establish agreements with local tribes to define protocols to follow when elder abuse is reported on the reservations. NWRC staff have assisted several local tribes to draft elder abuse codes for their local communities and done training in elder abuse for local tribal clinics and social service programs and for elders themselves.
9. Provide cultural awareness training for NWRC and contractor staff.	a. Continue to address cultural awareness in staff orientation. b. Annual training for NWRC staff. c. Training for contractors when suggested by tribes or requested by contractors.	a. Increased cultural competency when dealing with Indian Elders.	Eythl Warbus Shelly Zylstra 2007-2009	There continue to be requests from community providers and DSHS to work together to provide cultural training. Recipients of the training include skilled nursing facility staff, DSHS social workers, and all NWRC staff during orientation and special training.
10. Include Tribal representation on the Northwest Senior Services Board	a. Continue to have tribal members on the NWSSB to provide input to local aging programs, policy development, and decision- making.	a. Enhanced communication and collaboration through NWSSB members and local tribes.	Richard Dietz Eythl Warbus Shelly Zylstra 2007-2009	We currently have three tribal representatives on the NWSSB.

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11. Participate with Home and Community Services in Region 3 in the development of the Indian Client Desk Manual for use by Social Workers, Financial Workers, and Case management staff.	a. Work with HCS workgroup to establish the Table of Contents. b. Suggest materials for inclusion in the document. c. Develop materials for “best” and “worst” practice as requested. d. Seek assistance from CMS Indian desk for client issues and policy clarification.	a. Better communication with Indian Elders. b. Enhanced access to services in the region. c. Fewer missteps for non-tribal staff working with Indian Elders.	Eythl Warbus Shelly Zylstra Summer 2007	As described in objective 5 above, the manual is completed, in draft form, and being reviewed by tribal members.
12. Continue to include tribes in activities and coalitions in communities.	a. Advocate for including tribes in workgroups, advocacy efforts, grants, and activities in all that we do.	a. More community integration with work groups. b. Better communication between tribes and community groups. c. Enhanced community understanding of tribal culture and programs.	ALL NWRC Administrators, Supervisors, and Staff Always	As part of this effort, we have worked at the national level as part of the Tribal Technical Advisory Group for Long term care, and ad hoc committee to site tribal long term care services with the American Association of Homes and Services for the Aging, will possibly collaborate on a traumatic brain injury grant in Indian Country, will support Kinship Navigator services with a new position, and have provided training and technical assistance to tribes around the country.

Snohomish Co. 7.01 Plan

Policy 7.01 Implementation Plan

Timeframe: July 1, 2008 to June 30, 2009

Snohomish County AAA

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(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the Fiscal Year Starting Last July 1
1. Recognize, communicate and negotiate with Tribes on a Government to Government basis	Quarterly 7.01 meetings	In 2007/8, Stillaguamish Tribe did not wish to pursue a 7.01 plan based on lack of need for services and staffing issues.	AAA lead staff—Stefanie Novacek Stillaguamish Tribe – Edward Reser	Stillaguamish Tribe has indicated some interest in reviewing possible mutual activities for this coming year.
2. Support tribal efforts to inform elders of available services and to educate elders on important issues.	Mail 2009-2010 Senior Source Resource Guide to Tulalip and Stillaguamish elders Provide dementia information for seniors attending the Tulalip meal site, as well as for those receiving home delivered meals. Collaborate with tribal staff to develop an educational lunch program focused on diabetes, dementia, or cancer for tribal elders.	Increased awareness of county services available to tribal elders. Increased awareness of health promotion and prevention among tribal elders.	Stefanie Novacek & Susie Starrfield, LTCA Virginia Carpenter, Tulalip Senior Center	The Senior Source was provided to Tulalip staff for distribution to all seniors and elders in May of 2008. Diabetes information was provided to Tulalip staff during the first quarter of 2008. An update meeting was held in October 2008 at the Tulalip Tribal Senior Center to set goals for 2009.
3. Support tribal efforts to provide nutrition services to seniors and elders.	Provide nutrition services (food) and nutrition information for Tulalip Senior Center participants and homebound seniors.	Increase availability of nutritionally sound meals. Increase tribal members' knowledge of nutrition requirements, diabetes management, etc.	Virginia Carpenter, Tulalip Senior Center Susie Starrfield, LTCA Martha Peppones, Senior Services of Snoh. County	During 2008, insulated carrier packs were provided to Tulalip Senior Center staff for use in delivering hot meals to homebound seniors. Use of Title IIIC funding enabled Tulalip Senior Center to provide a new service - breakfast for approximately 15 seniors/elders per weekday.

Snohomish Co. 7.01 Plan

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4. Continue providing and/or facilitating technical assistance to tribes as needed	Topics to be determined by tribes but could include: Family caregiver and kinship care issues; Long Term Care ombudsman program ; Federal or State law or WAC changes.	Increased awareness and accessibility of services available to tribal elders. Improved communication and planning around policy changes impacting tribes.	Helen Fenrich, Virginia Carpenter, Paula Cortez, Natalie Knapp, and Lahneen Fryberg - Tulalip Tribes R3 IPSS Staff LTCA Staff	Renewed efforts will be made in 2009 to bring LTC Ombudsman information and resources to the reservation.
5. Implementation of Sno Co AAA's and Tribal Representatives contact list	Tribal contacts and AAA contacts to be emailed to IPSS, R3 Sno Co AAA will select a Tribal Liaison to be lead contact for local Tribes	Comprehensive contact list for both Tribes and AAA to enhance communication flow Point of contact between AAA and Tribes	Helen Fenrich, Virginia Carpenter, Paula Cortez, Tulalip Tribes; R3 IPSS Staff Lead - Jerry Fireman, AAA Also: Susie Starrfield, AAA Stefanie Novacek, AAA	Completed
6. Invite Tribes to send representatives, at their discretion, to work groups and other events organized by LTCA .	LTCA will invite tribal representatives to participate in aging-related work groups and events such as <ul style="list-style-type: none"> Snohomish County Coalition Against Elder Abuse Aging Readiness Summit Family Caregiver Coalition Geriatric Mental Health Access Project 	Ability to provide services geared toward culturally appropriate service	Helen Fenrich, Virginia Carpenter, Kathy Hurd, and Paula Cortez, Tulalip Tribes R3 IPSS Staff LTCA Staff and Providers	Ongoing

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7. Recruitment of AI/AN for Snohomish County available positions	Develop and maintain contacts of Tribal Representatives & Snohomish County AAA representatives to disseminate employment opportunities	Increase American Indian/Alaska Native employment within Snohomish County Government and other agencies	Julie Jefferson & Susie Starrfield	All job announcements from the Snohomish County and other governmental agencies are being shared with the tribes, through the assistance of Julie Jefferson, on an ongoing basis. At her request, job announcements will also be sent to Virginia Carpenter, Tulalip Senior Center.
8. Case management/ accessibility issues	Build relationships between AAA case managers & Tribal Elders; include case managers in different tribal functions involving Tribal elders, specifically Elders breakfast, advertise on channel 10, the elders newsletter and the See Yacht Sub-newspaper; have Tribal contact representatives accompany case managers to Tribal homes. Assign a tribal contact to assist managers, to aide in completion of paperwork, apps, etc., in Tribal residences	Better access to services; enhance and make the assessment process more culturally appropriate for elders; improved level of trust; elders to gain information on a variety of different services.	Virginia Carpenter from Tulalip Tribes-Elder Services; Paula Cortez, Tulalip Tribes; John Peterson, Snohomish County AAA; Supervisor Bob Quirk from Senior Services of Snohomish County.	During 2009, LTCA staff along with County Case Management staff will renew efforts to schedule this meeting.

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9. Cultural awareness	Involve tribes and Office of Indian Policy and Support Services in developing and conducting cultural awareness training for Snohomish County AAA and Human Services Department staff.	Increased awareness of tribal beliefs, customs, history, and governance. Improved ability to build relationships and deliver culturally appropriate services.	Julie Jefferson Susie Starrfield	The Snohomish County Human Services Department has an Inclusion Committee; its Training Subcommittee is responsible for planning department-wide training opportunities. In 2007, the Training Subcommittee brought two trainings on Mental Health Issues for Native Americans to the Department. LTCA staff will work with Julie Jefferson to explore other trainings for 2009.
10. Recruitment of AI/AN for Snohomish County Council on Aging	Develop and maintain contacts of Tribal Representatives & Sno Co AAA representatives to disseminate advisory council opportunities	Increase American Indian/Alaska Native representation on Snohomish County advisory boards	Julie Jefferson, Paula Cortez & Helen Fenrich (Tulalip Tribes), & Joyce Frasu (AAA lead)	Jeanette Fryberg's term on the Council on Aging will expire in December 2008. LTCA has requested a tribal member again be selected for the Snohomish County Council on Aging. Term of service is three years (Jan. 2009 – Dec. 2011)

Policy 7.01 Implementation Plan (Muckleshoot Tribe)
For the
Seattle Human Services Department
Aging and Disability Services
Biennium Timeframe: October 1, 2007 to December 31, 2008

Implementation Plan				Progress Report
Goals/Objectives	Activities	Expected Outcomes	Lead Staff and Target Date	Status Update for the Fiscal Year
1. Schedule regular meetings with Muckleshoot Tribal members to discuss Policy 7.01 and implementation plan and identify issue areas. 2. Review and update 7.01 Implementation Plan as needed.	2005 meetings were held on Oct. 6 and Nov. 21 2006 meetings were held on Jan. 24, Sept. 12 2007 meetings were held on April 18 2008 meeting held Nov. 3	<ul style="list-style-type: none"> ▶ To learn about the background and history of tribal laws in the U.S. ▶ To learn about the DSHS 7.01 Policy requirements for AAA under the OAA. ▶ Identify all issues that need to be addressed. ▶ Reach consensus on plan and recommended solutions. 	Quarterly Meetings Karen Winston , Planner	September 12 – Held meeting to report on progress, and revise and update the 7.01 Implementation Plan. April 18 – Held meeting to report on progress, and revise and update the 7.01 Implementation Plan. November 3 - Held meeting to report on progress, and revise and update the 7.01 Implementation Plan.
<u>Medicaid Case Management</u> 1. Improve communication between ADS, HCS and Muckleshoot Tribal staff re case transfers, and CARE Plan development. 2. Increase focus on non-natives on the reservation and in the community.	<ul style="list-style-type: none"> ▶ Advocate to the state to modify HCS/ADS transfer form in order to identify Muckleshoot clients, e.g. Tribal Affiliation and Tribe Notification. ▶ Modify consent form to identify Tribal Affiliation for case management clients. ▶ ADS Case Manager will contact Tribal staff before any client home visits on the Muckleshoot reservation are conducted. 	<ul style="list-style-type: none"> ▶ Improved communication and coordination between ADS, HCS and Muckleshoot Tribal staff re all Muckleshoot client cases. 	December 31, 2008 Dick Sugiyama , Director, CMP Maureen Linehan , Deputy Director, CMP Hiroko Evans , CMP Supervisor Keith Rapacz , Case Manager Sharon Curley , Director Muckleshoot Human Services Marty Marquard , Program Manager Muckleshoot Senior Services	Keith caseload is 50% <60 COPES, 50% Discretionary <ul style="list-style-type: none"> • 2 CORE clients • 4 Community members • 9 Discretionary (mix of tribal & community members) Re consent form modification – ADS modified its consent form, but HCS has not. NOTE: Tribal affiliation does show up on CARE Tool (strongly affiliated) 02/06/08 - Completed 04/02/08 - Completed 06/04/08 - Completed 08/06/08 - Completed 10/01/08 - Completed 12/03/08 - Completed

Policy 7.01 Implementation Plan (Muckleshoot Tribe)

For the

Seattle Human Services Department

Aging and Disability Services

Biennium Timeframe: October 1, 2007 to December 31, 2008

Implementation Plan				Progress Report
Goals/Objectives	Activities	Expected Outcomes	Lead Staff and Target Date	Status Update for the Fiscal Year
(b) Assign one ADS Case Manager for all Muckleshoot CMP clients for continuity.	<ul style="list-style-type: none"> Assign all Muckleshoot clients to one ADS Case Manager. Tribal staff will coordinate client releases. 	<ul style="list-style-type: none"> Improved communication and coordination between ADS, Muckleshoot Tribal staff re Muckleshoot client cases. Coordinate joint case staffing with ADS and HCS re Native and non-Native clients bi-monthly or whenever APS or court-ordered cases are involved. 	<p>December 31, 2007</p> <p>Dick Sugiyama, Director, CMP</p> <p>Maureen Linehan, Deputy Dir., CMP</p>	<p>17 Muckleshoot (tribal and community members) clients assigned to ADS Case Manager Keith Rapacz.</p> <p>First Tuesdays are regular joint case staffings.</p>
<p><u>Training</u></p> <p>(a) Plan and schedule trainings for paid and unpaid caregivers.</p>	<ul style="list-style-type: none"> ADS staff will meet with PRN and Tribal staff to negotiate training needs and develop training schedule. 	<ul style="list-style-type: none"> Plan & schedule training opportunities. 	<p>Dec. 31, 2007</p> <p>Gigi Meinig, Program Specialist</p>	<p>Training opportunities identified for tribal members (85 caregivers):</p> <ul style="list-style-type: none"> 3-day Caregivers Retreat in Quinalt, WA, Feb. 2007
(b) Plan and schedule cross trainings with HCS, ADS and Muckleshoot Tribal staff.			<p>Dec. 31, 2008</p> <p>Gigi Meinig, Program Specialist</p>	<p>Muckleshoot staff was invited to trainings, but did not attend. Trainings offered included:</p> <ul style="list-style-type: none"> The Myths of Tribal Sovereignty, March 25th Mayor's Office for Senior Citizen's: "Healthy Aging Fair ", May 15th Lifting the Clouds: Addressing Depression in Older Adults, May 30th Challenges in Caregiving: Giving Care, Taking Care, June 2nd Emergency Preparedness / Disaster Training, October 8th

Policy 7.01 Implementation Plan (Muckleshoot Tribe)
For the
Seattle Human Services Department
Aging and Disability Services
Biennium Timeframe: October 1, 2007 to December 31, 2008

Implementation Plan				Progress Report
Goals/Objectives	Activities	Expected Outcomes	Lead Staff and Target Date	Status Update for the Fiscal Year
(c) Plan/schedule the Fundamentals of Caregiving training for paid and unpaid caregivers.			Dec. 31, 2007 Gigi Meinig , Program Specialist	Training open to all home care workers: <ul style="list-style-type: none"> ▶ Revised Fundamentals of Caregiving – 28 hours ▶ Safety Training – 4 hours ▶ Continuing Education Training – 10 hours
(d) Plan and schedule crystal methamphetamine awareness training for staff conducting any home visits	▶ Schedule trainings to include case managers, tribal staff, and caregivers.	▶ Plan at least one training during 2006.	Dec. 31, 2006 Maureen Linehan , Deputy Dir. CMP	Training conducted on March 27, 2006, for tribal staff.
(e) Plan and schedule nutrition and dietary related training for cooks, dietitians and staff responsible for food preparation.	▶ Coordinate trainings through Public Health: Seattle-King Co.	▶ Plan at least one training during 2006.	Dec. 31, 2007 Karen Winston , Planner Janet Kapp , RD, Public Health: Seattle-King Co.	No trainings were scheduled.
(f) Plan and schedule nutrition workshops for Native elders.	▶ Coordinate trainings through Public Health: Seattle-King Co.	▶ Plan at least one training during 2006.	Dec. 31, 2008 Karen Winston , Planner Janet Kapp , RD, Public Health: Seattle-King Co.	Training opportunities identified for tribal members (85 caregivers): <ul style="list-style-type: none"> ▶ 3-day Caregivers Retreat in Quinalt, WA, Feb. 2007 ▶ Diabetes Care ▶ Hospice & End-Of-Life ▶ Caregiver Burnout & Elder Abuse – 10 hours
(g) Facilitate hospice training for caregivers.	▶ Identify agencies that provide hospice training.	<ul style="list-style-type: none"> ▶ Increase training opportunities. ▶ Increase knowledge about hospice and end-of-life options for Tribal members and staff. 	Dec. 31, 2007 Gigi Meinig , Program Specialist	Identified potential training providers including Pierce Co. Group Health, Valley Medical, Seattle African American Comfort Program, Providence Hospice of Seattle, and Swedish Hospice .
(h) Facilitate trainings re pain management	▶ Offer workshop involving physicians/staff re pain management.	▶	May 9, 2007 Hiroko Evans	Completed and ongoing.

Policy 7.01 Implementation Plan (Muckleshoot Tribe)

For the

Seattle Human Services Department

Aging and Disability Services

Biennium Timeframe: October 1, 2007 to December 31, 2008

Implementation Plan				Progress Report
Goals/Objectives	Activities	Expected Outcomes	Lead Staff and Target Date	Status Update for the Fiscal Year
			CMP Supervisor	
(i) Notify tribal members re trainings offered to ADS Case Management staff	<ul style="list-style-type: none"> ▶ Trainings are scheduled 2-3 times per year 	<ul style="list-style-type: none"> ▶ Offer one training on the Muckleshoot reservation. 	Hiroko Evans CMP Supervisor	
<u>Transportation</u> (a) Advocate for improved and expanded Medicaid transportation services in rural areas.	<ul style="list-style-type: none"> ▶ Work with Bob Flor, King County Metro, to conduct workshop re transportation options. ▶ Review King Co. Plan and project list, and recommend projects if needed. 		December 31, 2007 Margaret Casey, Planner	Muckleshoot tribal staff will identify and draft a statement re needs, partnerships and one or more transportation project proposals, for the 2010 Coordinated Human Services & Public Transportation Plan.
(b) Increase participation of Muckleshoot Tribal staff and DSHS staff in ADS Key Partners In Transportation group.	<ul style="list-style-type: none"> ▶ Add Muckleshoot Tribal staff and DSHS staff to the Key Partners in Transportation e-list. 	<ul style="list-style-type: none"> ▶ Increased knowledge about and participation with the Key Partners In Transportation group. 	February 28, 2006 Margaret Casey, Planner	Completed.

Policy 7.01 Implementation Plan (Muckleshoot Tribe)

For the

Seattle Human Services Department

Aging and Disability Services

Biennium Timeframe: October 1, 2007 to December 31, 2008

Implementation Plan				Progress Report
Goals/Objectives	Activities	Expected Outcomes	Lead Staff and Target Date	Status Update for the Fiscal Year
<ol style="list-style-type: none"> Schedule regular meetings with Muckleshoot Tribal members to discuss Policy 7.01 and implementation plan and identify issue areas. Review and update 7.01 Implementation Plan as needed. 	2008 meeting held Nov. 3	<ul style="list-style-type: none"> Identify all issues that need to be addressed. Reach consensus on plan and recommended solutions. Invite HCS staff to quarterly meetings. 	December 31, 2009 (2 to 3 meetings per year) Karen Winston , Planner	
<u>Medicaid Case Management</u> <ol style="list-style-type: none"> Improve communication between ADS, HCS and Muckleshoot Tribal staff re case transfers, and CARE Plan development. Increase focus on non-natives on the reservation and in the community. Develop strategy to get agencies and IP registry to recruit Muckleshoot workers. 	<ul style="list-style-type: none"> Modify consent form to identify Tribal Affiliation for case management clients. NOTE: ADS modified consent form, but HCS has not. ADS Case Manager will contact Tribal staff before any client home visits on the Muckleshoot reservation are conducted. 	<ul style="list-style-type: none"> Improved communication and coordination between ADS, HCS and Muckleshoot Tribal staff re all Muckleshoot client cases. 	December 31, 2009 Dick Sugiyama , Director, CMP Maureen Linehan , Deputy Director, CMP Hiroko Evans , CMP Supervisor Keith Rapacz , Case Manager Sharon Curley , Director Muckleshoot Human Services Marty Marquard , Program Manager Muckleshoot Senior Services	First Tuesdays are regular joint case staffings: 01-06-09 02-03-09 03-03-09 04-07-09 05-05-09 06-02-09 07-07-09 08-04-09 09-01-09 10-06-09 11-03-09 12-01-09
(b) Assign one ADS Case Manager for all Muckleshoot CMP clients for continuity.	<ul style="list-style-type: none"> Assign all Muckleshoot clients to one ADS Case Manager. Tribal staff will 	<ul style="list-style-type: none"> Improved communication and coordination between ADS, Muckleshoot Tribal staff re 	December 31, 2009 Dick Sugiyama , Director, CMP	

Policy 7.01 Implementation Plan (Muckleshoot Tribe)
For the
Seattle Human Services Department
Aging and Disability Services
Biennium Timeframe: October 1, 2007 to December 31, 2008

Implementation Plan				Progress Report
Goals/Objectives	Activities	Expected Outcomes	Lead Staff and Target Date	Status Update for the Fiscal Year
	coordinate client releases.	discretionary and COPES Muckleshoot client cases. <ul style="list-style-type: none"> ▶ Coordinate joint case staffing with ADS and HCS re Native and non-Native clients bi-monthly or whenever APS or court-ordered cases are involved. 	Maureen Linehan , Deputy Dir., CMP	
<u>Training</u> (a) Plan and schedule annual trainings for paid and unpaid caregivers.	ADS staff will meet with PRN and Tribal staff to negotiate training needs and develop training schedule. Training opportunities identified for tribal members (85 caregivers): <ul style="list-style-type: none"> ▶ Diabetes Care ▶ Hospice & End-Of-Life ▶ Caregiver Burnout ▶ Elder Abuse ▶ Nutrition 	<ul style="list-style-type: none"> ▶ Plan & schedule training opportunities for February or March. 	Dec. 31, 2009 Amy Holland , Program Specialist	
(c) Plan and schedule the Fundamentals of Caregiving (Powerful Tools for Caregiving) training for paid and unpaid caregivers.	Coordinate training provided by www.prnicc.net to include: fundamentals, safety and continuing education trainings.		Dec. 31, 2009 Amy Holland , Program Specialist	<ul style="list-style-type: none"> ▶
(e) Plan and schedule nutrition and dietary related training for cooks, dietitians and staff responsible for food preparation.	<ul style="list-style-type: none"> ▶ Coordinate trainings through Public Health: Seattle-King Co. 	<ul style="list-style-type: none"> ▶ Conduct at least one training during 2009. 	Dec. 31, 2009 Karen Winston , Planner Janet Kapp , RD, Public Health: Seattle-King Co.	

Policy 7.01 Implementation Plan (Muckleshoot Tribe)
For the
Seattle Human Services Department
Aging and Disability Services
Biennium Timeframe: October 1, 2007 to December 31, 2008

Implementation Plan				Progress Report
Goals/Objectives	Activities	Expected Outcomes	Lead Staff and Target Date	Status Update for the Fiscal Year
(f) Plan and schedule nutrition workshops for Native elders.	<ul style="list-style-type: none"> Coordinate trainings through Public Health: Seattle-King Co. 	<ul style="list-style-type: none"> Conduct at least one training during 2009. 	Dec. 31, 2009 Karen Winston , Planner Janet Kapp , RD, Public Health: Seattle-King Co.	
(h) Facilitate trainings including pain management, and notify tribal members re trainings offered to ADS Case Management staff	<ul style="list-style-type: none"> Offer workshops and trainings 2-3 times per year. 	<ul style="list-style-type: none"> Increase training opportunities. 	Dec. 31, 2009 Hiroko Evans CMP Supervisor	
(i) Plan and schedule a training offered by tribal staff re Native American cultural beliefs and practices	<ul style="list-style-type: none"> Coordinate and schedule training with ADS staff. 	<ul style="list-style-type: none"> Conduct at least one training during 2009. 	Dec. 31, 2009 Sharon Curley , Human Services Director Muckleshoot Tribe	
<u>Transportation</u> (a) Advocate and develop transportation project proposals for improved and expanded transportation services in rural areas.	<ul style="list-style-type: none"> Work with Bob Flor, King County Metro, to conduct workshop re transportation options. Muckleshoot tribal staff will identify and draft a statement re needs, partnerships and one or more transportation project proposals 	<ul style="list-style-type: none"> Increased knowledge about and participation with the King County Regional Transportation Group. Submit one or more transportation project proposals for the 2010 Coordinated Human Services & Public Transportation Plan. 	December 31, 2010 Sharon Curley , Human Services Director Muckleshoot Tribe Margaret Casey , ADS Planner	

Policy 7.01 Implementation Plan for Area Agencies on Aging (AAAs)

Biennium Timeframe: January 1, 2008 to December 31, 2008

Pierce County Aging and Long Term Care

Plan Due Dates:

October 1st of each odd numbered year a complete Implementation plan is due for the coming biennium.

October 1st of even numbered years a progress report is due.

Implementation Plan				Progress Report 2008
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the previous year.
A. Enhance communication and build capacity for coordination with the Puyallup Tribe of Indians.	Meet with tribal contacts and invite a member to join the Aging and Long Term Care (ALTC) Advisory Board.	Increased communication and understanding between the Puyallup Tribe of Indians and ALTC.	Sally Nixon 4/1/08	Warren Goehl, a Native American elder, is currently pending County Council approval to be appointed to the ALTC Advisory Board. Although Mr. Goehl is not a Puyallup Tribal member he has many local contacts and his knowledge will assist our goals. Meeting held with David Whited, Planner for the Puyallup Tribe, to discuss areas of coordination, service needs and 7.01 Planning. 3/7/08
B. Increase awareness of services and supports offered by the Puyallup Tribe of Indians and ALTC.	Include Puyallup Tribal information on the Aging and Disability Resource Center (ADRC) website. Include key tribal program contacts in the ADRC monthly e-newsletter. Participate in selected Puyallup Tribal events – such as health fairs and other community events.	Increase client referrals between the Puyallup Tribe of Indians and ALTC.	Bob Riler 3/30/08 Bob Riler and the ALTC Education and Public Relations Committee On-going	Connected Puyallup Tribe contact with the editor of the Senior Scene newspaper which began publicizing information on the Puyallup Tribal mealsite. Key tribal contacts are included in the ADRC list serve which sends out extensive monthly informational updates. Produce boxes where distributed to the Puyallup Tribe Health Authority. ALTC staff attended the NICOA conference held in Tacoma during early September 2008. Puyallup Tribe Elders Coordinator attended a legal training sponsored by the Coalition for the Effective Protection of Vulnerable Adults, (CEPoVA.) ALTC offered to fund an instructor to teach Stay Active and Independent for Life, (SAIL) classes at the Puyallup Tribe. The Puyallup Tribe is seeking a member who desires to attend the certification classes to become an instructor.

Policy 7.01 Implementation Plan for Area Agencies on Aging (AAAs)

Biennium Timeframe: January 1, 2008 to December 31, 2008

Pierce County Aging and Long Term Care

Plan Due Dates:

October 1st of each odd numbered year a complete Implementation plan is due for the coming biennium.

October 1st of even numbered years a progress report is due.

Implementation Plan				Progress Report 2008
C. Provide responsive support and/or technical assistance as requested by the Puyallup Tribe of Indians.	Provide letters of support to grant projects when requested.	Increased value as a resource for the Puyallup Tribe of Indians.	Sally Nixon On-going	Provided names and contact information, at the request of the Puyallup Tribe, concerning people who would have knowledge that would be helpful in the development of an Elders Center. 9/15/08
	Collect and share information on requested topics – such as Assisted Living, Home Care and Elder Abuse.			Provided contact information to the Puyallup Tribe concerning a development firm available to meet concerning assisted living or other housing needs. This firm, (Marathon Development) is in the process of working with the Cowlitz Tribe. 10/20/08
D. Collaborate with the Puyallup Tribe of Indians to develop a mutually agreed upon 7.01 Implementation Plan.	Follow-Up on request by ALTC and the Puyallup Tribe of Indians to the Indian Policy Committee to hold a joint training and 7.01 development workshop. Actively participate in the workshop and follow-up with steps for finalizing the implementation plan.	Completion of a 7.01 Implementation Plan between the Puyallup Tribe of Indians and ALTC	Sally Nixon 5/1/08	Communicated with Puyallup Tribe contact David Whited that Doug North of the Indian Policy Council had proposed potential dates to schedule a 7.01 Plan training session.

Policy 7.01 Implementation Plan

Lewis-Mason-Thurston Area Agency on Aging

Biennium Timeframe: January 1, 2008 to December 31, 2009

Plan Due Dates:

October 1st of each odd numbered year a complete Implementation plan is due for the coming biennium.

October 1st of even numbered years a progress report is due.

Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the Previous Year
Discuss Policy 7.01 Implementation Plan for 08/09 Biennium	Regularly meet with representatives from all regional Tribes – Chehalis, Cowlitz, Nisqually, Skokomish, Squaxin Island – as well as representatives from South Puget Intertribal Planning Agency (SPIPA)	Discuss challenges and successes of past coordination efforts and improve upon current and future coordination and collaboration between LMTAAA and regional Tribal communities	-Director, Program Manager, Training and QA Supervisor and Projects Coordinators -August 15, 2007 and February 2008	Meetings with Tribes were held August 15, 2007, March 7, 2008 and October 10, 2008. At the Oct. 2008 meeting, it was decided to meet quarterly.
-Discuss issues and needs specific to the individual Tribal communities -Seek input on RFP development	-Meet with the administration of SPIPA and the Chehalis, Cowlitz, Nisqually, Skokomish, Squaxin Island Tribes -Meet with the SPIPA coordinated Elders Workgroup	Become intimately familiar with each Tribal community and the issues it faces	-Projects Coordinators -Administration: as needed -Elders Workgroup: bi-annually or more frequently as needed	-Needs of Tribes are discussed at 7.01 meetings. - Elders workgroup has not met regularly during most of 2008. Jenny Gilmore, VISTA Volunteer at SPIPA is convening the group again in November 2008. John Rodgers, FCSP Assistance Specialist has been invited as a presenter at the Nov. meeting. LMTAAA staff will be invited to participate as needed.

Policy 7.01 Implementation Plan

Lewis-Mason-Thurston Area Agency on Aging

Biennium Timeframe: January 1, 2008 to December 31, 2009

Plan Due Dates:

October 1st of each odd numbered year a complete Implementation plan is due for the coming biennium.

October 1st of even numbered years a progress report is due.

Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the Previous Year
Ensure Tribal communities receive agendas and minutes from LMTAAA Advisory Council and Council of Governments meetings, employment opportunities, RFP/RFQs for LMTAAA funded programs, notices of area planning, Family Caregiver Support Program newsletters and flyers, other relevant community event dates, training opportunities.	Include Tribal contacts in postal and email lists	Increase Tribal awareness of LMTAAA and community activities, available funding, planning activities and training opportunities	-Administrative Secretary -Ongoing throughout the year	Regional Tribal representatives are on all LMTAAA mailing lists.
Continue Tribal representation on the LMTAAA Advisory Council	Specifically target and recruit Tribal Elders	Continue to have a least one Tribal member from our region on the LMTAAA Advisory Council	-Director, Projects Coordinators, current Advisory Council members -A Tribal member from the Cowlitz Tribe was appointed to the LMTAAA Advisory Council in May 2007, with the term ending in April 2009.	One Tribal member from the Cowlitz Tribe continues membership on the Advisory Council, and other Tribal members periodically attend AC meetings as guests.

Policy 7.01 Implementation Plan

Lewis-Mason-Thurston Area Agency on Aging

Biennium Timeframe: January 1, 2008 to December 31, 2009

Plan Due Dates:

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October 1st of even numbered years a progress report is due.

Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the Previous Year
Include SPIPA and the Chehalis, Cowlitz, Nisqually, Skokomish, and Squaxin Island Tribes in emergency preparedness efforts	<ul style="list-style-type: none"> -Prioritize the Cowlitz Tribe to receive bulk 72-hour emergency supply kits -Coordinate with the Chehalis, Nisqually, Skokomish, Squaxin Island Tribes to ensure previously distributed emergency supply kits are stocked with updated and usable items -Inform and encourage Tribal representatives to participate in County specific emergency planning efforts 	<ul style="list-style-type: none"> -Increase individual and community preparedness in the Tribes -Increase Tribal awareness of emergency planning efforts in the community 	<ul style="list-style-type: none"> -Projects Coordinators -Emergency supply kits to the Cowlitz Tribe by December 31, 2007 -Update previously distributed supply kits by June 30, 2008 -Information about emergency planning groups was given to Tribal representatives on August 16, 2007 	<ul style="list-style-type: none"> -Emergency supply kits were purchased for and distributed to the Cowlitz Tribe in September 2007. -The importance to review and update emergency supply kits was discussed at the March 2008 and October 2008 meeting. -LMTAAA distributes general emergency preparedness information to all senior providers, including the Tribes, via email and/or mail on a quarterly basis.

Policy 7.01 Implementation Plan

Lewis-Mason-Thurston Area Agency on Aging

Biennium Timeframe: January 1, 2008 to December 31, 2009

Plan Due Dates:

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October 1st of even numbered years a progress report is due.

Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the Previous Year
Increase consumption of fruits/vegetables, and thereby the nutritional status of Tribal Elders	Target regional Tribes as a distribution site for Senior Farmer's Market Nutrition Program (SFMNP) vouchers	SFMNP vouchers will be easily accessible to Tribal Elders	-Projects Coordinators -May/June 2008	SFMNP vouchers were distributed to Tribal Elders at the Nisqually, Squaxin Island and Skokomish Tribes as requested in June, July and Sept 2008. -LMTAAA will contact Nancy Romero, Chehalis Tribal Elders, to coordinate disbursement of SFMNP vouchers in 2009.
Increase collaboration between Family Caregiver Support Programs (FCSP) and Tribal family caregiving programs, including Kinship Care	-Share ideas for programming and resources -Provide outreach to families of the Chehalis, Cowlitz, Nisqually, Skokomish, Squaxin Island Tribes -Provide newsletters, and notices of trainings and special events to Tribal caregiving, social service and health departments. -Collaborate with Tribes on family caregiving conferences and/or local trainings for Tribal members	-Broaden the view and scope of both AAA and Tribal Family Caregiver Support Programs, including Kinship Care -Increase use of FCSP services by Tribal members -Increase opportunities for training for Tribal family caregivers.	-Projects Coordinator and FCSP I&A staff, and Kinship Care subcontractor -Meetings and outreach bi-annually or more frequently as needed -Newsletters and notices quarterly or as occurs. -Conferences and trainings as opportunities are identified no later than December 31, 2008	-Dec 07: Kinship subcontractor (Family Education and Support Services) provided Kinship Navigator Program outreach to Chehalis Tribal Head Start, notices of support groups and trainings sent to all Tribes. -Jan 08: I&A staff met with Family Caregiver Coordinator at Squaxin Island Tribe to share info. -March 08: Projects

Policy 7.01 Implementation Plan

Lewis-Mason-Thurston Area Agency on Aging

Biennium Timeframe: January 1, 2008 to December 31, 2009

Plan Due Dates:

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October 1st of even numbered years a progress report is due.

Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the Previous Year
				<p>Coordinator and I&A staff presented at Nisqually Tribe Caregiver luncheon about FCSP, and met with Nisqually and SPIPA family caregiver coordinators to share information after the luncheon.</p> <p>-June 08: I&A/FCSP info table staffed at the Cowlitz Tribe health fair.</p> <p>-Aug 08: FCSP Assistance Specialist provided outreach at the Nisqually Elders lunch.</p> <p>-Newsletters and other notices of FCSP events and information are shared with all Tribal family caregiver contacts.</p>

Policy 7.01 Implementation Plan

Lewis-Mason-Thurston Area Agency on Aging

Biennium Timeframe: January 1, 2008 to December 31, 2009

Plan Due Dates:

October 1st of each odd numbered year a complete Implementation plan is due for the coming biennium.

October 1st of even numbered years a progress report is due.

Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the Previous Year
Promote direct contracts with SPIPA and the Chehalis, Cowlitz, Nisqually, Skokomish, Squaxin Island Tribes	Provide technical assistance in contract application, reporting and billing	Increase successful direct contracts with regional Tribal communities	-Projects Coordinators -Upon release of RFP for contracts and ongoing throughout the year as needed	Small Projects and Health Promotion RFP was released in Feb/March 2008. Two Tribes were recipients of funding: - <u>Cowlitz Indian Tribe</u> for supplies and seeds for their community garden to support their Elders program and for costs associated with holding an Elders Health Fair. - <u>Skokomish Indian Tribe</u> in support of their Elder Health Promotion project, providing four educational sessions by a Community Diabetes Educator.

Policy 7.01 Implementation Plan

Lewis-Mason-Thurston Area Agency on Aging

Biennium Timeframe: January 1, 2008 to December 31, 2009

Plan Due Dates:

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October 1st of even numbered years a progress report is due.

Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the Previous Year
Increase LMTAAA staff awareness of culturally sensitive issues and relevant resources	In-service training for LMTAAA Case Management staff by Tribal representatives	Increase LMTAAA staff awareness of culturally sensitive issues and relevant resources	-Training and QA Supervisor -Jim Sherrill from the Cowlitz Tribe may provide leadership and technical assistance -No later than March 31, 2008	-Sept 2007: Rita Andrews, a member of the Skokomish Tribe and also employee of SPIPA's Native Women's Wellness Center, spoke to LMTAAA staff about Native American cultural awareness, customs and beliefs, especially in relation to proving case management services. The presentation was very well received by staff. -LMTAAA will hold additional cultural sensitivity trainings approximately twice per year and invite partnering provider agencies.
Increase awareness of Native American elders about community services, including COPES/MPC, Family Caregiver Support Programs, legal assistance, living wills/POA,	-Establish regular visits to the Chehalis, Cowlitz, Nisqually, Skokomish, Squaxin Island Tribes for education and outreach purposes	Increase Tribal awareness of community services and resources	-I&A staff -Visits to Tribes occur on a monthly, bi-monthly and quarterly basis, as determined by the individual Tribes. Visits have not yet been established	-I&A staff continue to make regular monthly visits to all the Tribes' elders programs and meals, with the exception of the Chehalis Tribe

Policy 7.01 Implementation Plan

Lewis-Mason-Thurston Area Agency on Aging

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Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the Previous Year
home modification assistance, transportation options, prescription drug coverage, etc.	<ul style="list-style-type: none"> -Provide written materials to SPIPA and regional Tribes for distribution to members -Attend and set up an informational booth at Tribal Health/Community Fairs -Partner with SPIPA to publish and distribute Elders Resource Guides to elders within the Chehalis, Nisqually, Skokomish and Squaxin Island Tribes 		<p>at the Chehalis Tribe due to the lack of a strong contact person at the Tribe. I&A staff will continue to pursue this option.</p> <ul style="list-style-type: none"> -As Health/Community Fairs occur -Provide funding for the Elders Resource Guide no later than December 31, 2007 	<p>where efforts to establish relationships continue. Information is shared verbally and through written materials.</p> <ul style="list-style-type: none"> -Dec 07: LMTAAA purchased 250 Elders Resource Directories produced by SPIPA for distribution to elders of the Nisqually, Chehalis, Skokomish, and Squaxin Island Tribes. -I&A staff contacted the Cowlitz and Chehalis Tribes in an effort to offer assistance after the Dec 07 storm and flooding that severely affected Lewis County. -Jan 08: I&A staff met with family caregiver coordinator at Squaxin Island Tribe. -Feb 08: Presentation at Cowlitz Tribe Senior Luncheon.

Policy 7.01 Implementation Plan

Lewis-Mason-Thurston Area Agency on Aging

Biennium Timeframe: January 1, 2008 to December 31, 2009

Plan Due Dates:

October 1st of each odd numbered year a complete Implementation plan is due for the coming biennium.

October 1st of even numbered years a progress report is due.

Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the Previous Year
				-March 08: Presentation at Nisqually Tribe caregiver luncheon. -June 08: I&A and FCSP info table at Cowlitz Tribal Health Fair. -Aug 08: FCSP Asst. Specialist attended Nisqually Elders Lunch. -I&A staff will attend the monthly Squaxin Island Tribe Elder Dinner (new).
Increase community awareness of Tribal services and resources	-Invite Tribes to attend and set up display at Health/Community Fairs -List links to SPIPA and the Chehalis, Cowlitz, Nisqually, Skokomish, Squaxin Island Tribes, as well as announcements specific to Tribal events, on LMTAAA website	Increase community awareness of Tribal services and resources	-I&A staff -As Health/Community Fairs occur -Links to the Tribes and SPIPA are on the LMTAAA website. Announcements of Tribal events will be ongoing as requested by the Tribes	No further updates (ongoing).

Policy 7.01 Implementation Plan

Lewis-Mason-Thurston Area Agency on Aging

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Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the Previous Year
Ensure eligible Native American Elders are educated and enrolled in a Medicare Part D Plan or other comparable prescription drug coverage	Provide information and technical assistance to members and staff of SPIPA and the Chehalis, Cowlitz, Nisqually, Skokomish, Squaxin Island Tribes about the plans and the process of enrollment	Eligible Native American Elders will be enrolled in a Medicare Part D Plan or have other comparable prescription drug coverage	-I&A staff -Ongoing, as needed	No further updates (ongoing).
Support OAA Title VI nutrition programs that regularly serve non-Tribal members	Discuss and explore funding options to support nutrition services to non-tribal participants	Non-Tribal seniors will continue to receive nutritional meals and costs associated with serving non-Tribal members with Tribal funds will be offset/reimbursed	-Director, Program Manager and Projects Coordinator will determine funding options in consultation with Aging and Disability Services Administration -No later than December 31, 2007	-LMTAAA Director consulted with ADSA in Dec 07. Options were discussed with SPIPA at that time and no decisions were made. -Funding options will be explored in 2009.

C-5 Policy 7.01 Implementation Plan for Southwest Washington Agency on Aging and Disabilities Biennium Timeframe: January 1, 2008 to December 31, 2009				
Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	4) Lead Staff & Target Date	(5) Status Update for the Fiscal Year Starting Last January 1
Implement ongoing working relationship with Cowlitz Indian Tribe and Yakama Nation	Meet (1) with Cowlitz Indian Tribes representatives and (2) Yakama Nation representatives, and YIN AAA to analyze past coordination efforts and review Policy 7.01 Implementation Plan.	Agreement on future coordination efforts between the agency and both Tribal communities has been reached	Program Manager August 29, 2007.	Meeting with Cowlitz Indian Tribe Social and Health Services has occurred Meeting with Yakama Nation representative TBD. Has yet to occur.
Increase Tribal awareness and utilization of LTC services	Participate in (quarterly) planning and coordination meetings between the agency, LMT AAA, and Cowlitz Indian Tribe Social and Health Services	Specific plans for outreach have been developed and implemented. Ways to improve access to and coordination of services, such as transportation and nutrition have been explored.	Program Manager 12/31/07 Program Manager 12/31/09	

C-5 Policy 7.01 Implementation Plan for Southwest Washington Agency on Aging and Disabilities Biennium Timeframe: January 1, 2008 to December 31, 2009				
Implementation Plan				Progress Report
Add Tribal representation to Advisory Council	Target and recruit Tribal Elders	Add one tribal member to AC	Program Manager Original completion date: 12/31/06	Representative of Cowlitz Indian Tribe on AC since 10/2007
Increase agency staff awareness of culturally sensitive issues	Conduct in-service training with Jim Sherrill, Cowlitz Indian Tribe Social and Health Services	Agency staff is familiar with culturally sensitive issues	Program Manager 12/31/08	Has yet to occur
Increase cultural awareness of advisory council members	Conduct training with Jim Sherrill, Cowlitz Indian Tribe Social and Health Services	Advisory Council members are familiar with culturally sensitive issues	Program Manager 05/31/08	Training has occurred 09/17/08
Improve nutritional health of Native American Elders	Continue to share Senior Farmers Market Nutrition Program vouchers with Cowlitz Indian Tribe Social and Health services.	Eligible seniors of the Cowlitz Indian Tribe will receive Senior Farmers Market vouchers	Program Manager 06/01/08–	Has occurred in 2008, Planned for 2009

AACCW 7.01 Plan

Policy 7.01 Implementation Plan
for
Aging and Adult Care of Central Washington
 Biennium Timeframe: January 1, 2008 to December 31, 2009

Plan Due Dates:

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Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the Fiscal Year Starting Last January 1
Increase participation in the SFMNP by native American Elders residing both on and off the Colville reservation through the SFMNP.	Meet with Colville AAA Director to formulate a plan for serving native American elders, both on and off the Colville reservation, through the early SFMNP.	Reach a collaborative plan in which AACCW will administer the SFMNP for the Colville AAA.	Kathy Wright, March '08, & '09	Provided for meetings with Reva Desautel, Director of the Omak Tribe. Provided SFMNP education and materials at Tribal sites -provided 26 vouchers in Nespelem and 68 at the Omak Tribal site. 2cd-3 rd qrts of '08
Improve the health of native American elders through the SFMNP by providing fresh fruits and vegetables, and nutrition education.	Implement the plan, which will include advertising, outreach, voucher distribution and redemption. Analyze program data, and meet with Colville AAA Director to assess the effectiveness of achieving SFNP goals for the year.	Increase program awareness & participation among eligible native American elders. Identify and document lessons learned, best practices, and ways to improve the service provided to native American elders through the SFMNP in the future.	Kathy Wright, May '08 & '09 Kathy Wright, June '08 & '09	Kathy Wright has met with/maintained contact with Reva Desautel throughout '08. They have sought to evaluate the '08 SFMNP performance/outcomes for the Okanogan region. AACCW will plan to continue with these efforts in '09.
Identify cultural barriers to serving native American elders, and ways to remove them.	Train AACCW direct service staff on cultural barriers and how to work through them.	AACCW direct service staff will be better equipped to identify and remove cultural barriers. Service provision to native American elders will be improved.	Valerie Graber, December '08 and every two years thereafter.	Val Graber and Ali LaFontaine met with Colville tribe. On 10/14/07, the Tribe provided training-inservice "Cultural Barriers to Providing Services to Native American Elders" to AACCW case managers and I&A staff. AACCW provided JRP support and assisted with last Care rollout inservice. Cooperation continues between the two AAAs.

AACCW 7.01 Plan

**Policy 7.01 Implementation Plan
for
Aging and Adult Care of Central Washington**
Biennium Timeframe: January 1, 2008 to December 31, 2009

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Implementation Plan				Progress Report
Improve care quality for native American elders who are DSHS clients, through care provider training.	Per an existing agreement between the Colville AAA, ADSA and AACCW, we will continue to provide IP training through our contractor, PRN.	None of the independent or agency providers serving DSHS clients on the reservation will be out of compliance with training requirements.	Kathy Wright, ongoing and December '08 & '09	"08-Multiple opportunities were offered for IP training to Colville Tribe by AACCW contractor PRN.Inc. AACCW staff continue to be in close contact with Colville AAA, and offer of continued support and information about IP education. This will continue through "09.

**Policy 7.01 Implementation Plan – Southeast WA ALTC and Yakama Nation
October 2008 – September 2009**

IMPLEMENTATION PLAN				Progress Report
<u>Goals/OBJECTIVES</u>	<u>Activities</u>	<u>Expected Outcome</u>	<u>Lead Staff</u>	<u>Status</u>
1) Continue Title 19 Coordination	Quarterly Case Management meetings with HCS, Yakama Nation (YN) case managers	Identify common trends, reduce transfer issues, plan common staff training	Zillah ALTC Local Program Coordinator, Corrie Blythe; Vicki Garcia, HCS; and Beth Downs, YN CM	We continued to hold meetings (two in 2007 with the final one being Sept of 2007). We have chosen not to do this in 2008.
3) Ensure That Senior Farmers Market Is Available to YN Seniors	The Farmers Market program manager will continue to provide support and information regarding Farmers Market activities to YN AAA for dissemination to seniors.	Some residents of the Yakama Indian Reservation will receive vouchers for markets in 2008 through the Yakima Co. Dept of Food Services. State also disburses vouchers to YN AAA.	Carolyn New, ALTC, and Marie Miller, Director of YN AAA	YN received some Farmers Market vouchers directly from ADSA for 2008. ALTC and DOFS distributed checks to 79 and baskets to 6 nutrition participants that attend the DOFS meal sites in Wapato & Toppenish.
4) Nutrition Program	Nutrition sites available to seniors on YN land	Expand participation to all areas of YN Tribal Lands	Yakima County Dept of Foods Services, subcontractor for nutrition program.	A new meal site opened in September 2008 in Mabton, which is located near the Southern border of Yakama Reservation. 16 persons ate there in September. Toppenish and Wapato meal sites located on YN tribal lands – ongoing.
5) Home Care Contract Monitoring	Fiscal and Program monitoring of the Home Care agencies that contract with YN	YN staff fully trained in using HC monitoring tools	Eliticia Sanchez, ALTC, and Beth Downs, YN	1) YN invited to do joint monitoring of Yakima County home care providers but did not work into YN schedule. Ongoing
6) Caregiver Training	Share course schedules for Fundamentals, Spanish Fundamentals and continuing education. Shared data base management Systems.	Increase the # of caregivers who receive training earlier in the year.	1) Kathy Medford, R.N. 2) Arina Vierck, Training Coordinator 3) Corrie Blythe, Lynne Van Horn, Eliticia Sanchez and Beth Downs, YN.	1) Continue sharing ALTC training schedule with YN through 2009 calendar year. 2) Continue to share documentation of YN caregivers who have utilized their two attempts to complete RFOC but failed to complete the class. 3) Translation services to Hispanic caregivers serving YN clients provided by SE/ALTC staff Romelia Lopez.
7) Kinship Navigator (ALTC Subcontract)	Services are available to YN families	Diversify participation of ethnic families in Kinship	Mary Pleger coordinates with Native American	YN staff are invited to attend the monthly meetings of KINdred Spirits, the collaboration

**Policy 7.01 Implementation Plan – Southeast WA ALTC and Yakama Nation
October 2008 – September 2009**

IMPLEMENTATION PLAN				Progress Report
<u>Goals/OBJECTIVES</u>	<u>Activities</u>	<u>Expected Outcome</u>	<u>Lead Staff</u>	<u>Status</u>
		projects.	Kinship Program, sponsored by Casey Family.	serving kinship families in Yakima Valley.
8) COPES Ancillary Services	Assist YN in accessing COPES ancillary resources.	YN will increase its COPES ancillary options	Carolyn New & Beth Downs communicate regarding new options and services available.	Ongoing
9) Participation in YN Elder Recognition Day	Four staff to attend Tribal Elders Dinner at Toppenish Community Center.	Highlight areas we've shared resources in 2007/08.	Lori Brown and Marie Miller	Sheila Brogdon, Eliticia Sanchez, Carolyn New attended in May 2008.
10) SSPS Assistance	As needed	YN fully trained in SSPS.	Zillah LPC & Beth Downs	Goal met, they are fully functioning and no longer ask for support
12) Joint participation of staff and clients in area events	Include members of the YN senior community in community events	YN AAA will participate in trainings and events related to long term care in Yakima County.	1) ALTC Asst Director 2) Lori Brown 3) Corrie Blythe	YN was invited to attend the 2008 Coming of Age series. In 2009, YN will again be invited to attend the 8 week series.
13) Transportation	Identify needs and develop solutions for transportation in the Yakima Mid Valley and on the Yakama Reservation	Attend the Mid-Valley Transportation meetings to expand the current YN transit to cities in the Lower Yakima Valley.	Eliticia Sanchez, ALTC & Charlotte Gonzales, YN	YN Transit has successfully applied for a federal grant to continue providing transportation services on the Yakama Nation. The transit system is called <u>Pahto Public Passage</u> . The route has been extended to make a loop through Toppenish, Wapato, Harrah, Brownstown, and White Swan starting September 2008.
12) Nutrition Contractors semi-annual meetings	Include YN nutrition staff in our network meetings	Networking and obtaining ideas from similar programs	Charlotte Gonzales, YN AAA; Carolyn New and Eliticia Sanchez, ALTC	ALTC calls to offer a ride to state meetings and YN goes if they can. Share the schedule of the WA Association of State Nutrition Program with YN AAA staff as it becomes available.
15) NAPIS Assistance	NAPIS data reporting management	YN to gain experience with NAPIS reporting	Joyce Lucas,	Ongoing technical assistance as needed. Telephone conferences from time to time to discuss problems encountered or to give advice on "how to" questions concerning SAMS software or use of online

Policy 7.01 Implementation Plan – Southeast WA ALTC and Yakama Nation October 2008 – September 2009				
IMPLEMENTATION PLAN				Progress Report
<u>Goals/OBJECTIVES</u>	<u>Activities</u>	<u>Expected Outcome</u>	<u>Lead Staff</u>	<u>Status</u>
				AgingNetwork. Have provided sample copies of reporting forms and descriptions of our procedures.

Policy 7.01 Implementation Plan for Area Agencies on Aging (AAAs)
PSA #11

AGING AND LONG TERM CARE OF EASTERN WASHINGTON

Biennium Timeframe: January 1, 2008 to December 31, 2009

Plan Due Dates: October 31, 2007

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Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the previous year.
Representatives from Aging and Long Term Care of Eastern Washington, Kalispel Tribe, Spokane Tribe and the urban Indian community in Spokane County will meet at least once a year to plan and discuss implementing ways to better serve older Native Americans living in PSA #11.	Meeting(s) held to develop and discuss ways to implement better service for older Native Americans living in PSA #11.	Implementing ways to better serve older Native Americans living in PSA #11.	Ann Dahl– Spokane Tribe of Indians Joseph Pakootas – Kalispel Tribe of Indians Sophie Tonasket – Executive Director at AICC Toni Lodge – Executive Director at IHSOs/NP Nick Beamer – Executive Director at ALTCEW 01/01/08 through 12/31/09	As part of the 2008-2011 planning processes the staff from ALTCEW held a series of twenty-four planning meetings. Include in the series were meetings with representatives from the AICC, IHSOs/NP, Kalispel Tribe of Indians and Spokane Tribe of Indians. One of the purposes of the meetings was to discuss ways to better serve Native Americans living in PSA #11.
If requested, Aging and Long Term Care of Eastern Washington and/or its subcontractor(s) will provide technical assistance with a	Meeting(s) held to provide technical assistance with the representatives from the local tribes or the urban Indian community in Spokane County.	Developing and implementing “best practices” concepts.	Nick Beamer, Executive Director at ALTCEW 01/01/08 through 12/31/09	On March 21, 2007, staff from ALTCEW met with Ann Dahl and Angie Matt to provide technical assistance on the potential coordination of Congregate Meal services between the Spokane Tribe and RRCA. The availability of Family Caregiver and Kinship Care services was also discussed. General program explanations were provided to Fawn Orr from Human Resources and Jeane Flett and Doreen Elsworth from Contracts/Grants services. Staff

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representative(s) from the Kalispel Tribe, Spokane Tribe or the urban Indian community in Spokane County on "best practices" for developing and implementing programs to serve Native Americans living in PSA #11.				from ALTCEW has scheduled monitoring/technical assistance meeting with the Spokane Tribe on November 13, 2008. No requests for technical assistance were received from the Kalispel Tribe of Indians.
As appropriate, Aging and Long Term care of Eastern Washington, Spokane Tribe, Kalispel Tribe and the urban Indian community in Spokane County will consider sharing funding and grant writing opportunities.	The decision(s) to develop, submit and if awarded, implement an application for grant writing opportunities.	Developing, submitting and if funded implementing grant writing opportunities.	<p>Mike Hilborn – Planner/Resource Development Manager</p> <p>Ann Dahl – Spokane Tribe of Indians</p> <p>Joseph Pakootas – Kalispel Tribe of Indians</p> <p>Sophie Tonasket – Executive Director at AICC</p>	No application or grant opportunities were developed or submitted.

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Implementation Plan				Progress Report
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			<p>Toni Lodge – Executive Director at IHSOs/NP</p> <p>01/01/08 through 12/31/09</p>	
<p>Rural Resources Community Action (RRCA) will conduct on-going outreach and coordination efforts with the designated representative from the Kalispel and Spokane Tribes. Specific attention will be given to addressing outreach and coordination of services provided through the Information and Assistance (I&A), Family Caregiver Support (FCSP) and Kinship Care programs.</p>	<p>On-going implementation of outreach and coordination efforts by RRCA with the designated representative(s) from the Kalispel and Spokane Tribes.</p>	<p>Implementing outreach and coordination action plan by RRCA, KTI and STI.</p>	<p>Jeff Michaelson – Program Manager for I&A, FCSP and Kinship Care services at RRCA</p> <p>Ann Dahl – Spokane Tribe of Indians</p> <p>Joseph Pakootas – Kalispel Tribe of Indians</p> <p>01/01/08 through 12/31/09</p>	<p>On June 15, 2007 and June 15, 2008, RRCA submitted reports covering on-going efforts to implement outreach and coordination efforts with the representatives from the Kalispel and Spokane Tribes.</p> <p>At their meetings on June 22, 2007 and June 20, 2008, the members of the ALTCEW's Planning and Management Council accepted RRCA's report covering efforts to implement outreach and coordination activities with the Kalispel and Spokane Tribes.</p>

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Implementation Plan				Progress Report
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Elder Services will conduct on-going outreach and coordination efforts with the designated representative(s) from the American Indian Community Center and Indian Health Services of Spokane/Native Project. Specific attention will be given to addressing outreach and coordination of services provided through the Information and Assistance (I&A), Family Caregiver Support (FCSP) and Kinship Care programs.	On-going implementation of outreach and coordination efforts by Elder Services with the designated representative(s) from the AICC and IHSoS/NP.	Implementing outreach and coordination action plan by Elder Services, AICC and IHSoS/NP.	Karen Bias – Program Administrator for I&A, FCSP and Kinship Care services at Elder Services Sophie Tonasket – Executive Director at AICC Toni Lodge – Executive Director at IHSoS/NP 01/01/08 through 12/31/09	On June 15, 2007 and June 15, 2008, Elder Services submitted a report covering on-going efforts to implement outreach and coordination efforts with representatives from the AICC and IHSoS/NP. At their meetings on June 22, 2007 and June 20, 2008, the members of the ALTCEW's Planning and Management Council accepted Elder Services' report covering efforts to implement outreach and coordination activities with the AICC and IHSoS/NP.
The Spokane Tribe will continue to contract with Aging and Long Term Care of Eastern Washington to provide	A service agreement to provide in-home services for eligible persons living on the Spokane Reservation.	Delivering of Medicaid Personal Care, COPES and Chore services to eligible persons living on the Spokane Reservation.	Nick Beamer, Executive Director at ALTCEW Angie Matt - Personal	The Spokane Tribe continues to contract with Aging and Long Term Care of Eastern Washington to provide Title XIX Medicaid Personal Care, COPES and Chore services to eligible persons living on the Spokane Reservation.

Policy 7.01 Implementation Plan for Area Agencies on Aging (AAAs)
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AGING AND LONG TERM CARE OF EASTERN WASHINGTON

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Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the previous year.
Title XIX Medicaid Personal Care, COPEs and Chore services to eligible persons living on the Spokane Reservation.			Care Program Manager at STI 01/01/08 through 12/31/09	
The Spokane Tribe of Indians, Spokane Regional Health District and Aging and Long Term Care of Eastern Washington will explore the potential for sharing the services of the Health District's Registered Dietitian (RD) in preparing menus for the Spokane Tribe's Senior Nutrition Program.	Meeting(s) held to explore the potential for sharing services of the RD for the Senior Nutrition Program on the Spokane Reservation.	Sharing the services of the RD in preparing menus for STI's Senior Nutrition Program.	Lynne Quimbey – Senior Nutrition Program Coordinator at the SRHD Ann Dahl – Spokane Tribe of Indians Nick Beamer, Executive Director at ALTCEW 01/01/08 through 12/31/09	Representatives from SRHD's Senior Nutrition Program and the Spokane Tribe's Senior Nutrition Program met to explore the potential for sharing the services of the Spokane Regional Health District's Registered Dietitian (RD) in preparing menus for the Spokane Tribe's Senior Nutrition Program. The parties agreed that the services of SRHD's RD would be available, if requested by the Spokane Tribe.

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The Spokane Tribe and Aging and Long Term Care of Eastern Washington will explore the potential for developing and implementing an Intensive Care Case Management (ICCM) type project for diabetic clients living on the Spokane Reservation.	Meeting(s) held to explore the potential for developing and implementing an ICCM type project on the Spokane Reservation.	Developing and implementing an ICCM type project for diabetic clients living on the Spokane Reservation.	Ann Dahl – Spokane Tribe of Indians Nick Beamer – Executive Director at ALTCEW 01/01/08 through 12/31/09	Staff from ALTCEW approached representatives from Aging and Disabilities Services Administration and Center for Medicare and Medicaid Services about the potential for having an ICCM-type project on the Spokane Reservation. The representatives at ADSA and CMS, expressed interest, but provided information about a lack of available funding to explore the effort. The information was shared with the staff at STI as part of on-going contact.
Representative(s) from the Spokane Tribe and Aging and Long Term Care of Eastern Washington will meet with a representative(s) from the local Medicaid Transportation Brokerage to discuss ways to improve or expand access to the services provided by the brokerage.	Meeting(s) held with Special Mobility Services to discuss ways to improve or expand access to the services provided by the local Medicaid Transportation Broker.	Improving or expanding access to Medicaid transportation services for persons living on the Spokane Reservation.	Ann Dahl – Spokane Tribe of Indians Nick Beamer – Executive Director at ALTCEW 01/01/08 through 12/31/09	A meeting(s) was held between SMS and STI. The purpose was to discuss ways to improve or expand access to the services provided by the local Medicaid Transportation Broker. This meeting(s) was coordinated and held before staff at ALTCEW could facilitate a similar meeting(s).

ALTCEW 7.01 Plan

**Policy 7.01 Implementation Plan for Area Agencies on Aging (AAAs)
PSA #11**

AGING AND LONG TERM CARE OF EASTERN WASHINGTON

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Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the previous year.
Representative(s) from Indian Health Services of Spokane/Native Project and Aging and Long Term Care of Eastern Washington will meet to discuss IHSOs/NP serving as a host agency for the Title V - Senior Community Services Employment Program managed by ALTCEW.	Meeting(s) held to discuss IHSOs/NP serving as a host agency for the Title V - Senior Community Services Employment Program managed by ALTCEW.	IHSOs/NP serving as a host agency for the Title V - Senior Community Services Employment Program.	Toni Lodge – Executive Director at IHSOs/NP Mike Hilborn, Planner/Resource Development Manager at ALTCEW 01/01/08 through 12/31/09	A representative from IHSOs/NP was contacted by staff from ALTCEW to discuss the potential of serving as a host agency for the Title V - Senior Community Services Employment Program. IHSOs/NP is listed as the next host agency to receive a Title V placement.
Staff from Aging and Long Term Care of Eastern Washington, American Indian Community Center and Indian Health Services of Spokane/Native Project will provide in-services training on its service network to the corresponding agency's staff.	In-service training activities provided by IHSOs/NP, AICC and ALTCEW.	Receiving in-services training by the staff at ALTCEW, AICC and IHSOs/NP.	Sophie Tonasket – Executive Director at AICC Toni Lodge – Executive Director at IHSOs/NP Nick Beamer – Executive Director at ALTCEW	The June 22, 2007 and June 20, 2008 outreach and coordination reports accepted by the members of the ALTCEW's Planning and Management Council documented in-services training activities provided by the staffs from Elder Services, AICC and IHSOs/NP.

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Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the previous year.
			01/01/08 through 12/31/09	
Aging and Long Term Care of Eastern Washington, with assistance from the staff at the American Indian Community Center, Indian Health Services of Spokane/Native Project, Kalispel Tribe and Spokane Tribe will seek to increase the number of minority or ethnic representatives serving on the Planning and Management Council (PMC).	Conduct a variety of activities to locate, interview and approve individuals to serve as members of the PMC.	Increasing in the number of minority or ethnic persons serving on the ALTCEW's PMC.	<p>Greg Partch – Chairman of ALTCEW's Governing Board</p> <p>Fran Besserman – Chairman of ALTCEW's PMC</p> <p>Jake Jacobson – Chairman of the PMC's Nominating Committee</p> <p>Nick Beamer – Executive Director at ALTCEW</p> <p>Ann Dahl – Spokane Tribe of Indians</p> <p>Joseph Pakootas –</p>	Between 01/01/08 and 12/31/08 a variety of efforts were conducted to increase the number of minority and ethnic representatives serving on the PMC. These efforts included advertising in local newspapers and personal outreach on the part of volunteers and staff. The American Indian Community Center, Indian Health Services of Spokane/Native Project, Kalispel and Spokane Tribes were included in these efforts.

ALTCEW 7.01 Plan

Policy 7.01 Implementation Plan for Area Agencies on Aging (AAAs)
PSA #11

AGING AND LONG TERM CARE OF EASTERN WASHINGTON

Biennium Timeframe: January 1, 2008 to December 31, 2009

Plan Due Dates: October 31, 2007

October 1st of each odd numbered year a complete Implementation plan is due for the coming biennium.

October 1st of even numbered years a progress report is due.

Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the previous year.
			Kalispel Tribe of Indians Sophie Tonasket – Executive Director at AICC Toni Lodge – Executive Director at IHSoS/NP 01/01/08 through 12/31/09	

Kitsap 7.01 Plan

2008 Progress Report for Policy 7.01 Implementation Plan for

Kitsap County Division of Aging & Long Term Care (PSA 13)

Timeframe: January 1, 2008 to December 31, 2011

Plan Due Dates:

October 1st of each odd numbered year a complete Implementation Plan is due for the coming biennium.

October 1st of even numbered years, a progress report is due.

Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the Fiscal Year Starting Last January 1
Maintain and increase coordination, identify and eliminate barriers, and increase access to services to the elders of the S'Klallam Tribe.	Continue working towards mutual agreement on ways to meet these objectives. Continue to share information and technical assistance. Offer increased advocacy and outreach to the S'Klallam Tribe through presentations and services.	Improved awareness and access to services that recognize and preserve the value of the rich culture and heritage of the elders of the S'Klallam Tribe.	LTC/I&A –Tawnya Weintraub, Supervisor Barry Johnson, Administrator Planning – Linda Hanna, Planner On-going 2008-2011	As per meeting with S'klallam Tribe, efforts are to continue. Biannual 7.01 meetings will be established; review of 7.01 by all parties prior to submitting to ADSA.
Establish a Memorandum of Understanding (MOU) between S'Klallam Tribe and Division of Aging and Long Term Care.	Continue meetings with S'Klallam Tribe Elders and Human Services, to develop an MOU guiding interactions between the Tribal Elders and Information and Assistance and Case Management personnel.	Signed MOU between Tribe and Division of Aging and Long Term Care resulting in increased and enhanced service delivery.	Planning – Linda Hanna, Planner LTC/I&A – Tawnya Weintraub, Supervisor Barry Johnson, Administrator 12/2011	As per meeting with S'klallam Tribe, efforts are to continue.

Kitsap 7.01 Plan

2008 Progress Report for Policy 7.01 Implementation Plan for

Kitsap County Division of Aging & Long Term Care (PSA 13)

Timeframe: January 1, 2008 to December 31, 2011

Plan Due Dates:

October 1st of each odd numbered year a complete Implementation Plan is due for the coming biennium.

October 1st of even numbered years, a progress report is due.

Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the Fiscal Year Starting Last January 1
Provide specialized information and assistance about, and access to, caregiver support services, to the S'Klallam Tribe, while assuring recognition and respect for ethnic and cultural diversity in caregiver support activities; and provide assistance in developing of a family caregiver support group on the S'Klallam Reservation.	Increase sharing of materials and resources, increase outreach and coordination by conducting coordination meetings and, where appropriate, one-on-one visits to Tribal elders and families.	Increase and enhance caregiver support information and services.	Caregiver Support – Tawnya Weintraub, Supervisor On-going 2008-2011 Linda Hanna, Planner On-going 2008-2011	As per meeting with S'klallam Tribe, efforts are to continue. S'klallam Tribe interested in hosting a caregiver meeting/event.
Seek to identify and participate in opportunities to enhance the health status of Indian communities.	Provide specifically targeted outreach activities and provide support for an assisted living facility and a pool on the S'Klallam Reservation.	Improved access to, and information concerning, long term care services and health information and disease prevention.	I&A – Tawnya Weintraub, Supervisor Planning– Linda Hanna, Planner On-going 2008-2011	As per meeting with S'klallam Tribe, efforts are to continue.
Seek to establish joint planning and coordination around Kinship Care support for S'Klallam Tribe Elders raising grandchildren.	Conduct coordination and training meetings with Tribal Human Services and Health Care staff, and improve access to one-on-one services to Elders as appropriate.	Improved access to and information concerning Kinship Care services.	I&A – Tawnya Weintraub, Supervisor Planning – Linda Hanna, Planner On-going 2008-2011	As per meeting with S'klallam Tribe, efforts are to continue.

Kitsap 7.01 Plan

2008 Progress Report for Policy 7.01 Implementation Plan for

Kitsap County Division of Aging & Long Term Care (PSA 13)

Timeframe: January 1, 2008 to December 31, 2011

Plan Due Dates:

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October 1st of even numbered years, a progress report is due.

Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the Fiscal Year Starting Last January 1
Continue efforts to negotiate a contract to maintain Congregate Nutrition Services with the S'Klallam Tribe, that preserves the government-to-government relationship of the Tribes with federal, state and county partners and that complies with the requirements of Kitsap County and the Department of Social and Health Services specifically in keeping with the standards for congregate nutrition and such other services as may be provided.	Continue coordination and planning meetings between DSHS, Kitsap County Human Services and the Tribe, including legal council where indicated, and other relevant stakeholders.	A signed contract for Congregate Nutrition Services, agreeable to all parties.	Administration – Paul Urlie, Administrator 12/2008 – completed Barrett Johnson, Administrator Linda Hanna, Planner 12/2008 for 2009	Primary Task Completed. However, with recent changes to Interlocal Agreement between KC and S'klallam Tribe Mental Health program; updates are under review for this Interlocal Agreement. Efforts are to continue until signing of 2009 Interlocal Agreement by all parties.
Work with Kitsap Transit and the S'Klallam Tribe to determine progress made regarding need for increased public transportation access in North Kitsap County including to and from the reservations.	Meetings with Kitsap Transit, the S'Klallam Tribe and other relevant stakeholders to review the needs. Have an Advisory Council representative attend Kitsap Transit Transportation Issues for the Elderly & Disabled (T.I.E.D.) meetings.	Improved public transportation services to the S'Klallam Tribal elders.	Planning – Linda Hanna, Planner Barry Johnson, Administrator On-going 2008-2011	As per meeting with S'klallam Tribe efforts are to continue.

**2008 Progress Report for Policy 7.01 Implementation Plan
for**

Kitsap County Division of Aging & Long Term Care (PSA 13)

Timeframe: January 1, 2008 to December 31, 2011

Plan Due Dates:

October 1st of each odd numbered year a complete Implementation Plan is due for the coming biennium.

October 1st of even numbered years, a progress report is due.

Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the Fiscal Year Starting Last January 1
Continue to provide Senior Farmers' Market Nutrition Program Services to the S'Klallam Tribe.	Provide vouchers for redemption for produce at Kitsap County Farmers Markets, and home delivered produce through the Senior Nutrition Program Service Provider.	Increased availability of fresh fruits, vegetables and other produce to Tribal Elders.	Planning – Linda Hanna, Planner Seasonal 2008-2011	S'klallam Tribe indicates this program is extremely successful. As per meeting with S'klallam Tribe efforts are to continue.
Maintain representation from the S'Klallam Tribe on the Advisory Council to the Division of Aging & Long Term Care.	Nominate and facilitate appointment by the Kitsap County Board of County Commissioners of one member of each tribe to the Advisory Council to the Division of Aging & Long Term Care.	Increased availability of tribal expertise and opinion in the activities of the Kitsap County Division of Aging and Long Term Care.	Planning – Linda Hanna, Planner On-going 2008-2011	Effective January 1, 2009 the S'klallam Tribe will be represented on the Advisory Council to the Division of Aging & Long Term Care.

Kitsap 7.01 Plan

**2008 Progress Report for Policy 7.01 Implementation Plan
for
Kitsap County Division of Aging & Long Term Care (PSA 13)**
Timeframe: January 1, 2008 to December 31, 2011

Plan Due Dates:

October 1st of each odd numbered year a complete Implementation Plan is due for the coming biennium.

October 1st of even numbered years, a progress report is due.

Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the Fiscal Year Starting Last January 1
Maintain and increase coordination, identify and eliminate barriers, and increase access to services to the elders of the Suquamish Tribe.	Continue working towards mutual agreement on ways to meet these objectives. Continue to share information and technical assistance. Offer increased advocacy and outreach to the Suquamish Tribe through presentations and services.	Improved awareness and access to services that recognize and preserve the value of the rich culture and heritage of the elders of the Suquamish Tribe.	LTC/I&A –Tawnya Weintraub, Supervisor Barry Johnson, Administrator Planning – Linda Hanna, Planner On-going 2008-2011	As per meeting with Suquamish Tribe, efforts are to continue. Biannual 7.01 meetings will be established. Review of 7.01 documents by all parties before submitting to ADSA.
Establish a Memorandum of Understanding between the Suquamish Tribe and Division of Aging and Long Term Care.	Schedule additional meetings with Suquamish Tribe Human Services, to develop written Understanding guiding interactions between the Tribal Elders and Information and Assistance and Case Management personnel.	Signed MOU between Tribe and Division of Aging and Long Term Care resulting in increased and enhanced service delivery.	Planning – Linda Hanna, Planner LTC/I&A – Tawnya Weintraub, Supervisor Barry Johnson, Administrator 12/2011	As per meeting with Suquamish Tribe, efforts are to continue. Suquamish Tribe will provide sample MOU to Planner for review.

Kitsap 7.01 Plan

2008 Progress Report for Policy 7.01 Implementation Plan
for
Kitsap County Division of Aging & Long Term Care (PSA 13)
Timeframe: January 1, 2008 to December 31, 2011

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October 1st of even numbered years, a progress report is due.

Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the Fiscal Year Starting Last January 1
Provide specialized information and assistance about, and access to, caregiver support services, to the Suquamish Tribe, while assuring recognition and respect for ethnic and cultural diversity in caregiver support activities.	Increase sharing of materials and resources, increase outreach and coordination by conducting coordination meetings and, where appropriate, one-on-one visits to Tribal elders and families.	Increase and enhance caregiver support information and services.	Caregiver Support – Tawnya Weintraub, Supervisor On-going 2008-2011 Linda Hanna, Planner On-going 2008-2011	As per meeting with Suquamish Tribe, efforts are to continue. Suquamish Tribe interested in hosting caregiver meeting/event.
Seek to establish joint planning and coordination around Kinship Care support for Suquamish Tribe Elders raising grandchildren.	Conduct coordination and training meetings with Tribal Human Services and Health Care staff, and improve access to one-on-one services to Elders as appropriate.	Improved access to and information concerning Kinship Care services.	I&A – Tawnya Weintraub, Supervisor Planning – Linda Hanna, Planner On-going 2008-2011	As per meeting with Suquamish Tribe, efforts are to continue.
New goal/objective 2008: Work with Suquamish Tribe in an effort to contract with Division of Aging & Long Term Care for OAA Title III funded Nutrition Program	Coordination and planning meetings between Kitsap Div ALTC and the Tribe, including and other relevant stakeholders.	A signed contract for Congregate Nutrition Services, agreeable to all parties.	Barrett Johnson, Administrator Linda Hanna, Planner On-going 2008-2011	New goal/objective 2008
Work with Suquamish Tribe to improve Copes Case Management process for Tribal members.	Coordination meetings with Suquamish Tribe Human Services staff.	Minimization of difficulties with assessment and follow up process.	Medicaid Case Management – Tawnya Weintraub, Supervisor On-going 2008-2011	Improvement made and as per meeting with Suquamish Tribe, efforts are to continue.

Kitsap 7.01 Plan

**2008 Progress Report for Policy 7.01 Implementation Plan
for
Kitsap County Division of Aging & Long Term Care (PSA 13)
Timeframe: January 1, 2008 to December 31, 2011**

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Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the Fiscal Year Starting Last January 1
Work with Kitsap Transit and the Suquamish Tribe to determine progress made regarding need for increased public transportation access in North Kitsap County including to and from the reservations.	Meetings with Kitsap Transit, the Suquamish Tribe and other relevant stakeholders to review the needs. Have an Advisory Council representative attend Kitsap Transit Transportation Issues for the Elderly & Disabled (T.I.E.D.) meetings.	Improved public transportation services to the Suquamish Tribal elders.	Planning – Linda Hanna, Planner Barry Johnson, Administrator On-going 2008-2011	As per meeting with Suquamish Tribe, efforts are to continue.
Continue to provide Senior Farmers' Market Nutrition Program Services to the Suquamish Tribe.	Provide vouchers for redemption for produce at Kitsap County Farmers Markets, and home delivered produce through the Senior Nutrition Program Service Provider.	Increased availability of fresh fruits, vegetables and other produce to Tribal Elders.	Planning – Linda Hanna, Planner Seasonal 2008-2011	Suquamish Tribe indicates this program is extremely successful. As per meeting with Suquamish Tribe, efforts are to continue.

Kitsap 7.01 Plan

**2008 Progress Report for Policy 7.01 Implementation Plan
for
Kitsap County Division of Aging & Long Term Care (PSA 13)**
Timeframe: January 1, 2008 to December 31, 2011

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Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the Fiscal Year Starting Last January 1
Maintain representation from the Suquamish Tribe on the Advisory Council to the Division of Aging & Long Term Care.	Nominate and facilitate appointment by the Kitsap County Board of County Commissioners of one member of each tribe to the Advisory Council to the Division of Aging & Long Term Care.	Increased availability of tribal expertise and opinion in the activities of the Kitsap County Division of Aging and Long Term Care.	Planning – Linda Hanna, Planner On-going 2008-2011	Effective January 1, 2009 the Suquamish Tribe will be represented on the Advisory Council to the Division of Aging & Long Term Care.